

NH HoopSkills Medical  
Release & Information

Pre-registration WILL NOT be considered complete until this form is returned with deposit.

\_\_\_\_\_  
\_\_\_\_\_

Known Allergies:

\_\_\_\_\_  
\_\_\_\_\_

Insurance Information

Insurance Coverage for accidental injury is required for all participants!. NH HOOP SKILLS, LLC.

Insurance Provider: \_\_\_\_\_

Policy #: \_\_\_\_\_

Emergency Contact Information

Contact Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

I grant permission to the NH Hoop Skills staff to act for me according to their best judgment in any emergency requiring medical attention and hereby release, absolve, and agree to hold harmless the organizers, directors, coaches, owner and staff of NH Hoop Skills, LLC and Southern NH University from any claim, demand or action arising out of any injury to me and/or my child. **I have carefully read the above waiver and release and fully understand its contents. I understand that this is a release of liability and that I give up substantial rights by signing this form and sign voluntarily.**

Parent/Guardian Signature:

\_\_\_\_\_

Upon receipt of deposit/application, additional confirmation materials will be sent via email. Please mail completed application and **\$100 non-refundable deposit** to:

**NH Hoop Skills, LLC. c/o SNHU Women’s Basketball  
2500 North River Rd. | Manchester, NH 03106**



**NH Hoop Skills, LLC**

**c/o SNHU Women’s Basketball  
2500 N. River Rd  
Manchester, NH 03106**

**Phone: 603-645-  
9662 or 9715**

*[nhhoopskillscamp@gmail.com](mailto:nhhoopskillscamp@gmail.com)*

*[k.howard@snhu.edu](mailto:k.howard@snhu.edu)*

*[k.pinkos@snhu.edu](mailto:k.pinkos@snhu.edu)*

*[www.nhhoopskills.com](http://www.nhhoopskills.com)*

**facebook-NH Hoopskills**

*NH Hoop Skills is located at the  
Southern NH University Field House*

*on the Manchester Campus*

*Tentative Daily Schedule:*

*(Mon-Thurs) :camp ends Thursday!*

9:00am .... Attendance, Warm Up

10:00am .... Skill Stations

10:45am..... Break

11:00am..... 5 v 5 Games

12:00pm..... Lunch (bring your own)

12:45pm..... Pool Time or Free Shoot

1:00pm..... Lecture

1:30pm..... Daily Contest

2:00pm..... Daily Activity

2:30pm..... Practice

3:00pm..... 5 v 5 Games

3:45pm..... Camp Wrap-Up

4:00pm..... Camp Adjourns



**2020  
Girls’ Basketball  
Day Camp**

**Grades 2-9**

**2 WEEKS OFFERED!**

**June 22<sup>nd</sup>-June 25<sup>th</sup>**

**July 13<sup>th</sup>-July 16<sup>th</sup>**

***“Get in the Game!”***

**Directed by:**

**Karen Pinkos  
Head Basketball Coach**



**Manchester, NH**

## Camp Director: Karen Pinkos



NH native and 15<sup>th</sup> year SNHU Women's Basketball Head Coach, Pinkos brings a wealth of knowledge and experience to NH Hoop Skills. Coach Pinkos has over 25+ years of camp experience as a player, camp counselor, assistant director and current 13-year director at NH Hoop Skills. Her 16 years as a Division I assistant coach and 15 years as a head coach, provides this camp with great leadership. NH Hoop Skills has tripled in numbers over the past 14 years! We are thrilled to have the opportunity to share our expertise while developing future basketball talent in the NH area.

## 2020 NH Hoop Skills Staff

### Monica Galamaga, Program Director

Galamaga is the former St Anselm Head Coach and member of their Hall of Fame. As a former SNHU & Bentley Assistant Basketball Coach, Monica brings over 25 years of camp experience to NH Hoop Skills. Monica is a special education teacher in Goffstown.

### Katy Howard, Assistant Coach, SNHU

Third year assistant for the women's team, Howard spent the past three years as an asst coach at Carnegie Mellon University in Pittsburgh, PA. Katy was a 1,000 point scorer for Assumption College where she helped the Greyhounds to the NE10 Final along with an appearance in the NCAA Regional as a senior. Katy graduated with a degree in Human Services and Rehabilitation Studies.

Current additional **SNHU asst coaches and players** will be on staff as well as a select group of past women's basketball players.

Follow NH HoopSkills on Facebook! Updates, pictures and SNHU Women's Basketball information.

# NH Hoop Skills Girls' Basketball Camp

Dates: June 22 –June 25

July 13 –July 16

Time: 9am-4pm (Mon.-Thurs.)

Grades: 2-9

Price: **\$245 per week\*\***

\*\* \$25 off 2<sup>nd</sup> week only, if signed up for both weeks!

***Make Checks Payable to: NH HOOP SKILLS, LLC***

**All money due on day of camp can be paid in CASH! Payment in advance can be paid by check or Money order. (any returned checks will be issued a \$50 fee)**

### Camp Goals:

The individual day camp provides fun-filled instruction and emphasis on the fundamentals of basketball. Beginning players will receive instruction in the basic fundamentals, rules and sportsmanship. The more experienced players will be challenged in skill development and competitive opportunities.

### Camp Focus:

- Life skills: self-confidence, teamwork and communication.
- Fundamental Skills: Ball handling, shooting, defensive concepts, passing techniques along with footwork.
- Basketball Concepts: 1 on 1 | 2 on 2 | 3 on 3 | 5 on 5
- Team practice and games.
- Daily lectures.
- Breakdown drills focusing on Offensive and Defensive concepts.
- Skill stations.
- Position stations: point guards, wings and posts.
- Low camper to staff ratio.
- SNHU strength and conditioning introduction.

*Optional swimming or skill instruction is available.*

Please check week (s) you will be attending.

If attending both weeks, please check both.

~~June 22- June 25~~ **\$245** (\$100 dep due 05/01)

~~July 13-July 16~~ **\$245** (\$100 dep due 06/01)

**\$100 Deposit is non-refundable.**

## 2020 Girls' Basketball Camp

All information must be complete for registrations.

**PLEASE PRINT CLEARLY!**

### Camper's Information

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Age at Camp: \_\_\_\_\_ Grade Entering Fall 2020: \_\_\_\_\_

Date of Birth: M\_\_\_\_\_/D\_\_\_\_\_/Yr 20\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip code: \_\_\_\_\_

### Parent or Guardian's Name:

1) \_\_\_\_\_

(C) Phone #: \_\_\_\_\_

(W) Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

Camp email confirmation will be sent to Contact Person #1.

2) \_\_\_\_\_

(C) Phone#: \_\_\_\_\_

(W) Phone#: \_\_\_\_\_

School Attending Fall of 2019: \_\_\_\_\_

**Please remember to fill out insurance information on reverse!**

### 2020 No-Show / Withdrawal Policy

**Sorry, no camp refunds!**

**Camp credit only minus a \$50 administrative fee.**

**\*Please do not write below this line: Office Use only**

Sub Total: \_\_\_\_\_

Less Discount\*\*\*: \_\_\_\_\_

Less Deposit: \_\_\_\_\_

Total Amount Due: \_\_\_\_\_

Check #: \_\_\_\_\_ Cash: \_\_\_\_\_